



# BFSWS

BRITISH FORCES SOCIAL WORK SERVICE &  
COMMUNITY SUPPORT CYPRUS



March 2023

## BRITISH FORCES RELATIONSHIP SUPPORT

Free and confidential (outside the Chain of Command)  
relationship support available island-wide.

## WHAT IS RELATIONSHIP SUPPORT?

Relationship Support is a free and confidential service that is outside the Chain of Command.

Relationship Support is provided by the British Forces Social Work & Community Support Service, which is contracted by the MoD to provide a range of support to the entitled population in British Forces Cyprus.



Relationship Support staff work with couples, individuals and sometimes families, to help problem solve issues that affect their relationships.

Relationship Support allows you time to think through an issue or work through a problem. It can help you to better understand yourself and make decisions about your relationship.



## WHAT HAPPENS WHEN I COME FOR SUPPORT?

At the initial session a Support Worker will talk with you for up to an hour about the presenting issues. Some people find this session is all they need to clear their thinking and help them decide what to do next.



You and your Support Worker will talk through how Relationship Support might be able to help and, if appropriate, suggest further appointments. If your Support Worker doesn't think Relationship Support is best placed to help, they may suggest another service/organisation.

## WHERE ARE WE BASED?

We have offices at each unit within British Forces Cyprus.

If you are concerned about confidentiality, appointments can be arranged at other locations.

## IS WHAT WE SAY CONFIDENTIAL?

Relationship Support is a private and confidential form of support. Relationship Support holds information about its clients in strict confidence and in accordance with Data Protection law and guidance.

We will not give your details or any information about you to anyone outside the organisation unless there is an exceptional circumstance, for example, if someone, especially a child, is at risk of serious harm. In such a situation, Relationship Support would try to involve you in making a decision about any action to be taken.



## CONTACT US

Relationship Support, BFSWS, E Block, Episkopi, BFPO 53

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